

CONCUSSION IN CHILDREN

CONCUSSIONS ARE SERIOUS, BUT CAN BE TREATED

A concussion is a mild brain injury that causes changes in the brain. Kids who get concussions usually fully recover within a few weeks if diagnosed and treated properly.

55%

of concussions in kids are caused by falls

24%

of concussions are caused by being hit in the head with an object

A CONCUSSION CAN CAUSE PROBLEMS WITH A CHILD'S:

- Speaking
- Understanding
- Movement
- Thinking
- Memory
- Personality
- Mood



HOW TO PREVENT CONCUSSIONS

- Use a safety seat & seat belt when the child is in a vehicle
- Install window guards & stair safety gates in your home
- Avoid shaking or jolting a baby